

The Fruit of the Spirit
flowing through
Scripture-centered
contemplation.

**Experiencing God's
Transforming Presence
in the Triumphs and
Challenges of Life**

Followers of Christ are longing for
a deeper awareness of the presence of
God.

Awakenings amplifies the still small
voice of the Lord so that we may discern
what He is saying to us in the high mo-
ments of life.

Awakenings brings clarity to what
God is so powerfully speaking to us in
the deep challenges of life.

Dr. Wes Johnson

A pastor in the Columbia Baptist
Conference since 1984, Wes has
taught the principles of spiritual
formation at the Columbia Center
for Leadership Formation, the
Summit School of Ministry and at
Bakke Graduate University of Min-
istry in Seattle. Wes holds the
Master of Theology degree from
Dallas Seminary, and the Doctor
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tional leadership from Bakke
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Awakenings
**Reflective Prayer & Biblical
Meditation Retreat**

**March 19-23, 2012
Cedar Springs Camp
Sumas, Washington**

Sponsored by:
Bakke Graduate University
Bethel Baptist Church
Converge Northwest

**Experiencing God's touch
where you need it most**

Experiencing God's Transforming Presence

Praying his names in the high points and low points of life

Listening to the Heart of God

How Can I Listen to the Voice of my Lord?

How can I know that God is listening to me?

Praying the Scriptures

(Lectio Divinia)

- Listening deeply to God's Word through focused prayer
- Discovering the key Scriptures that meet our soul's deepest needs

Praying the Names of God

(Breath Prayer)

- Praying God's character, God's mission, and our soul's deep need

Praying the Stories of our Lives

- Praying God's Names and God's Word over the high points and low points of our lives

Schedule

Academic Trac Intro:
Biblical and historical backgrounds
Monday 10:00am - 8:00pm

Prayer and Meditation Retreat:
Tuesday 9:30am through Friday
1:30pm

Academic Trac Debriefing:
Friday 2:30 - 5:00pm

"I love the simplicity of it and how easily it fits into ordinary life."

Registration

Register for Retreat Trac alone through Converge Northwest with Kim Anderson
Phone: 206.365.9890
Email: KimA@columbiaconference.org

Tues-Fri Retreat Costs: \$254 (single room) \$224 (double room)

Mon-Fri Retreat Costs: \$314 (single room) \$284 (double room)

Register for doctoral or masters' credit or audit through Bakke Graduate University of Ministry at www.bgu.edu.
Fee includes Retreat Trac

Testimonies

"God met with me and showed me great things. He's been hinting at some things for awhile but he had my full attention for three days..."

"God exceeded my hopes for this retreat in so many ways. I was filled with hope, counsel, peace, remembrance, reverence and new practices to take into my daily life."

"...a great breakthrough in two areas... much rich time devoted to hearing from the Lord...clarifying...even deeper and broader..."

"Lectio Divina allowed the Lord to place his intent into my heart and helped me to be in communion with him in a deeper way."

"His presence profoundly intimate and endearing; creating such a longing for more!"

"Breath prayer became the power of God breathing his character into the area of deepest need—this is powerful and transforming on the spot, in the moment. Breath prayer gives God the glory and the responsibility to make it so."

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